

impact Review North Macedonia (conducted when still known as FYROM) September 2018

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The Former Yugoslav Republic of Macedonia to Further Strengthen its Cancer Control Following an IAEA Review



imPACT Review team expert, Primoz Strojan (right), discusses the cancer diagnostic capabilities and challenges with staff of the 8th September Hospital, Skopje's largest general hospital. (Photo: A Juric/IAEA)

"Our country prides itself on having a well-trained cancer workforce, but the rise in cancer mortality is troubling. We are aware that the cancer control system requires an upgrade and challenges need to be faced."

– Venko Filipche, Minister of Health

An IAEA-IARC-WHO imPACT mission to North Macedonia last month concluded that the country has established the necessary infrastructure and has a skilled workforce to respond to the cancer burden. Enhanced integration and coordination in diagnosis and treatment would further improve the delivery of cancer services.



Programme of Action for Cancer Therapy

PACT

Recent data released by the World Health Organization (WHO) and the International Agency for Research on Cancer (IARC) are pointing to a rise in cancer deaths in the country despite the stabilization in the number of cases since 1995. As North Macedonia has no national cancer registration or surveillance system in place, IARC's projections are used to estimate its cancer profile. According to these, there will likely be over 7 800 new cancer cases and over 4 100 related deaths in 2018. Almost every fourth person in the country is at risk of developing cancer during his or her lifetime. By 2030, it is estimated that the country will face almost 9 200 new cases and over 5 000 deaths per year.

"Our country prides itself on having a well-trained cancer workforce, but the rise in cancer mortality is troubling. We are aware that the cancer control system requires an upgrade and challenges need to be faced," said Minister of Health Venko Filipche. "Oncology is very important for us, and the Ministry of Health looks to the expert insights from the imPACT Review to help us address these issues." At the request of the Ministry of Health, the IAEA-IARC-WHO imPACT Review, which has included experts nominated by the WHO and IARC, has provided an expert country-wide assessment of current capacities and needs to guide the development of a Government-led public health response.

Filipche highlighted the following activities currently under way and requested the imPACT Review's team of experts to assess progress and recommend measures for improvement:

- 1. Cancer registration and surveillance is deemed an absolute priority. This would provide evidence to make informed decisions in national cancer control planning and investments.
- 2. Introduction of new oncological drugs.
- 3. Expansion of hospital facilities with concurrent installation of additional LINAC radiotherapy machines, and the establishment of a network of hospitals offering radiotherapy.
- 4. Strengthening of a patient referral system.
- 5. Development of a comprehensive strategy for cancer control based on the imPACT Review recommendations, and subsequent engagement with the donor community for funding support.

The main findings of the imPACT Review included:

- The country has sufficient treatment capacity; to ensure more effective patient care and efficient use of available resources, the coordination and integration of cancer services should be enhanced.
- A national inventory of diagnostic and nuclear medicine equipment, and a corresponding human resource development plan, would increase the effectiveness of diagnostic and treatment capacities.
- The University Institute PET Centre's potential for serving all public and private facilities through its diagnostic and isotope production should be considered.
- Multi-disciplinary tumour boards to review patient diagnoses and formulate management plans are highly recommended. Cancer surgery is available throughout the country and could be further strengthened with improved quality assurance and quality control systems. Radiation oncology services are available in Skopje; there are two radiotherapy centres with a total of four LINAC machines (three public; one private).

 The radiation safety legal and regulatory framework would benefit from more regular updates, and patient protection measures could be further strengthened.

The imPACT Review was conducted between 10 and 14 September with visits to the capital Skopje (whose facilities serve all of North Macedonia and neighbouring countries), and the cities of Bitola, Tetovo and Štip. The experts visited a broad range of cancer control stakeholders, from primary to tertiary care facilities, public health institutes and centres, university clinics, private hospitals with comprehensive cancer care, medical schools, hospices and civil society organizations.



Palliative care providers at the 13th November Gerontology Institute, Bitola. (Photo: A Juric/IAEA)

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